

EARTH DAY & HEALTHY KIDS DAY



April 25, 2015

**10am—2pm
At the YMCA
205 Maritime Dr.
Manitowoc**



Because a healthy environment and healthy lifestyle go hand in hand.

Activities!

- Educational Booths
- Children's Activities
- Scavenger Hunt
- Food by Wrap it Up
- Roorbach Flowers: Seedling Planting
- Wildlife of Wisconsin Rescued Animals
- Music Performances throughout the day
- Healthy Rhythms for Earth Bev and Friends
- Water Screening for Nitrates by League of Women Voters (bring 1/2 C sample)

Beach Cleanup!

9:00 am. Help keep our lakeshore clean and healthy! Contact the Friends of the Manitowoc River Watershed at 920-242-1993 to sign up for a beach near you.



Hero Walk/Run!

Let your inner superhero soar! Run/walk to help support prevention of child abuse and neglect. Contact 686-8739 for info.



Earth Friendly Collections!

- Medications (see back page)
- Mercury Thermometers (see back page)
- Cell Phones (donated to Cell Phones for Soldiers)
- Eye Glasses and Hearing Aids (donated to the Lions Club)
- Printer Cartridges



Awesome Sponsors!

KOHL'S

 **Aurora Health Care**

 **ADRC of the Lakeshore**

Door Prizes!

A chance to win great prizes! One ticket per attendee. Get two tickets if you ride a bike, walk, or take public transportation to the event! Prizes announced at noon and 1pm by music.

For information on Earth Day or the Drug Disposal Program visit www.manitowocrecycles.org or call 920-683-4333. For information on Healthy Kids Day or the YMCA visit www.mtrymca.org or call 920-682-0341.

Coordination by: Manitowoc Sustainability Committee and YMCA

Manitowoc County Drug Disposal Program

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**Bring in your unused medications!
Help keep our communities safe & clean!**

Acceptable Items:

- Prescription medications
- Over-the-counter drugs
- Controlled substances
- Pet medications

*Sponsored by the Manitowoc
County Drug Disposal
Collaborative*



Guidelines:

- Needles and sharps will NOT be accepted.
- Do NOT bring medications to events before or after the listed times.
- Please keep medications in their original containers. You may block out personal information but keep the drug name visible.
- Households only. Businesses should call 920-683-4333 for disposal information.
- Practice safe storage by keeping your medications in a secured location.
- Never share your prescriptions.

Mercury Thermometer Exchange:

As part of this Drug Collection event you can bring your mercury fever thermometers and receive a digital thermometer. All mercury and mercury containing devices will be accepted; however, only household thermometers are eligible for exchange. There is a limit of one digital thermometer per household while supplies last.



Picture provided by Parents. The anti-drug.

Prescription drug abuse is a problem among teens today. And a major source of the problem is right under your nose: the medicine cabinet. This may be happening in your house, which means you can definitely do something to stop it. Safeguard your medications and keep track of the quantity. Educate yourself. You can stop the dealer.

**For more information visit the
antidrug.com. To get involved or for
local information contact ASAP
920-652-0238 or
www.healthiestmc.org**